

RESULTS FROM THE NAVY SEAL FITNESS CHALLENGE, OCT. 15th, 2011

MALES 18+		<u>Run/Swim</u>	<u>Sit Ups</u>	<u>Push Ups</u>	<u>Pull Ups</u>	<u>Total Net</u>
1	Chip Curtis (41)	19:03	76	92	45	11.20
2	Rob Hickey (44)	18:41	51	67	32	13.15
3	Alex Knudsen (18)	16:50	68	60	10	13.42
4	Eric Lamey (22)	19:19	82	65	17	15.10
5	Jim Rozicki (51)	23:03	55	56	7	19.11
6	Mitchell Duracker (55)	22:15	39	50	3	19:58
7	Jacob Stolzle (26)	27:37	80	86	46	20.00
8	Al Johnson (44)	28:22	44	43	13	25.28
9	Jeff Leaverton	35:32	53	68	12	32.06
10	Paul Dimitrios (44)	41:13	25	25	2	39.48

MALES 13 - 17 yrs		<u>Run/Swim</u>	<u>Sit Ups</u>	<u>Push Ups</u>	<u>Pull Ups</u>	<u>TOTAL NET</u>
1	Brandon Rattigan (17)	16:11	54	62	15	12.45
2	Michael Saltagormaggio	16:40	70	50	21	12.18
3	Nick Salvetti (17)	18:16	71	49	15	14.46

(next time there will be 10-yr age divisions)

FEMALES 18+		<u>Run/Swim</u>	<u>Sit Ups</u>	<u>Push Ups</u>	<u>Pull Ups</u>	<u>TOTAL NET</u>
1	Karla Slichio	23:37	74	54	3	20.47
2	Lisa Zeringue (32)	27:18	50	25	1	25.57
3	Patti Prosper (48)	29:25	62	45	1	27.22
4	Noelle Scarpelli (39)	29:37	47	33	1	27.32
5	Sherry Vallee (40)	31:37	46	51	1	29.15
6	Sherry Spurlin (59)	31:07	25	25	1	29.45

7	Lyn Maslansky (52)	31:38	37	23	1	30.17
8	Elizabeth Diaz (55)	32:47	2	3	1	32.17
9	Beth Luke (50)	35:03	40	37	1	33.39
10	Jennifer Wild	36:25	40	10	1	34.55
11	Leanne Cantrell (50)	38:05	45	51	1	36.21
12	Katelin Jumonville (23)	41:06	46	18	1	39.30
13	Rozanne Whalen (49)	49:23	15	25	1	48.28

FEMALES 13 - 17 Run/Swim Sit Ups Push Ups Pull Ups TOTAL NET

	Kara Kopcso (16)	17:44	88	41	1	15.29
1	Liana Solieu (17)	19:41	84	60	10	16.17
2	Heidi Fritscher (13)	18:54	77	53	1	16.38