



*The Pilates Studio at Franco's and Modern Pilates (6/13/11)*

	Mon	Tues	Wed	Thurs	Fri	
7:15am		Essential Reformer Penny		Essential Reformer Penny		
8:00am	Props Kerrie Ann					
8:30am			Level 2 Reformer Kerrie Ann		8:45 Essential Reformer+	
9:00am					Penny	Props Christie
10:00am		Essential Reformer Heather	Advanced Circuit Kerrie Ann	Essential Reformer Penny	Level 2 Reformer Penny	
11:15am	11:00 Chair/Reformer Circuit Kerrie Ann		11:00 Chair/Reformer Circuit Kerrie Ann	Reformer+ Penny	Chair/Reformer Circuit Kerrie Ann	

5:30pm	Essential Reformer Staff		Essential Reformer Staff		
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**\*\*Classes highlighted in blue are through Modern Pilates program, please contact Kerrie Ann Frey**

**at 504-615-3469 or at [kerrieannfrey@gmail.com](mailto:kerrieannfrey@gmail.com) for appointment.**

**\*\*\*Schedule subject to change by demand. Classes by appointment only.**

**Call the Studio at 792-0273, or email [pkldges@myfrancos.com](mailto:pkldges@myfrancos.com), to sign up\*\*\***